

YOUTH COACHING EDUCATION COURSES

NATIONAL YOUTH COACHING LICENSE - MOD LEVEL 1 & 2

The **"Level 1"** course is designed to provide elementary soccer information for first-time parent coaches to help them provide an environment that is developmentally appropriate for players 5, 6 and 7 years of age. The course is designed to provide coaches with an understanding of the development characteristics of the U-6 to U-8 players. The course is also designed to demonstrate activities and games that are appropriate for this age level.

The **"Level 2"** course is designed to provide elementary soccer information for first-time parent coaches to help them provide an environment that is developmentally appropriate for players 7, 8 and 9 years of age. The course is designed to provide coaches with an understanding of the development characteristics of the U-8 to U-10 players. The course is also designed to demonstrate activities and games that are appropriate for this age level. It is beneficial to have the "Level 1" Module but is not a prerequisite for taking Level 2.

E - LICENSE

(General Certificate for 11 A-side Play)

The **"E" License** is being labeled as the general certificate for eleven a-side play. This in itself presents an interesting set of circumstances for the course. The attendees are, at best, partially experienced coaches, yet the coaching of this age group observes the crossover of coaching modified soccer to the eleven-a-side game. The emphasis of the "E" course is towards the coaching of players that are 10-14 years of age. Coaching at this age will focus on the technical development of players and the introduction of simple tactical considerations and the principles of play.

The "E" course addresses the above and also, provides elementary information on the management and preparation of a team. The "E" License is an 18-hour course. No previous license or certificate is required; however, a youth module is recommended.

D - LICENSE

The attendees of a "D" course fall into two distinct categories: coaches who are using the course to prepare for the National "C" License and those who are using the course to qualify for a particular level of coaching within their state. Many of the latter are not required to further upgrade their license. In addressing coaches in these two categories, the "D" course can be seen as either preparatory or terminal.

The "D" course is for coaching players 14-18 years of age and emphasizes observing mistakes and providing information to correct the mistakes. A majority of the course schedule is devoted to practice coaching and practical examinations. Candidates will be examined by the analysis of videotape footage for their knowledge and understanding of tactics and methodology. There are also take-home examinations on soccer injury prevention and the FIFA Laws of the Game.

Based on how well they do in the "D" License course, candidates are awarded either a National "D" License, which allows them to attend a National "C" License course after a year, or a State "D" License. If a State "D" License is earned, the "D" course can be retaken by coaches interested in obtaining a National "C".